

MENU PRAIA

Enquanto escolhe... / While you choose...

Chip Dry 7,00€

Porto Branco Seco, Água Tónica, Hortelã / Dry White Port, Tonic Water, Mint Leaves

Kir Royal 7,00€

Flute de Espumante, Creme de Cássis / Glass Sparkling Wine, Cream Cassis

CaipiPink 7,00€

Frutos Vermelhos, Lima, Gelo Moído, Porto Rosé / Red Berries, Crushed Ice, Pink Port

Mojito Clássico 8,00€

Rum Branco. Limas, Folhas Hortelã, Xarope de Açúcar e Soda / White Rum, Fresh Lime, Mint leaves, Sugar Syrup and Soda

Mai Tai 8,50€

Rum branco, Rum escuro, Triple seco, Amareo, Sumo de Ananás e Grenadine / White Rum, Dark Rum, Triple Sec, Amaretto, Pineapple Juice and Grenadine

INFORMAÇÕES / INFORMATIONS

Decreto lei no. 10/2015, de 16 Janeiro "Nenhum prato, produto, alimentar ou bebida, incluído o covert, pode ser cobrado se não for solicitado pelo cliente ou por este foi inutilizado.

Decree Law no. 10/2015 of 16 January "No dish, product, food or drink, including covert, may be charged unless requested by the customer or this was unusable."

Esmados clientes informamos que todos os nossos pratos são confeccionados após o seu pedido, por esse movo agradecemos a sua compreensão em períodos de maior afluência

Dear customers we would like to inform you that all our plates are made by order, for this fact we ask you for your paence and comprehension in movement periods. Thank You

Dear customers we would like to inform you that all our dishes are made by order (FRESH) for this fact we ask you for your patience and understanding in busy periods. THANKYOU.

Preços com iva incluído a taxa em vigor Existe livro de reclamações
Vat included complaints book available

COUVERTS

- 1 - **Couvert** – Pão, Azeitonas, Manteiga, Pasta do dia(P)(Ce)(L)(G)(So)– 3€
2 – Pão / Bread – (Ce) 0,9€
3 – Azeitonas / Olives – 1,2€
4 – Pasta do dia / past of the day(So)(P) – 1,1€
5 – Pão com manteiga de Alho / Garlic bread (L)(G)(Ce)– 3,5€
6 – Pão com manteiga de alho e queijo / Garlic bread with cheese(L)(G)(Ce) – 4€
7 – Cesto pão torrado com manteiga / basket of toasted bread with butter(L)(G)(Ce)– 3,5€

ENTRADAS

- 10 – **Sopa Legumes / Vegetable soup** – 3,8€
11 – **Sopa Peixe fresco / Fresh Fish Soup**(P)(G) – 5,8€
12 – **Gaspacho Andaluz / Cold Tomato Soup** (G)– 5,8€
13 – **Melão com Presunto / Melon with Smoked ham** – 12€
14 – **Cocktail Camarão / Shrimp cocktail**(O)(L)(So)(Cr)– 15€
15 – **Salada Polvo / Octopus Salad**(Cr)(Mo) – 8,5€
(polvo pimentos, cebola, azeite e vinagre / octopus, peppers, onion, olive oil and vinegar)
16 – **Salada ovas / Egg fish Salad**(P)(Cr)– 8,5€
(ovas, cebola azeite e vinagre / eggs fish, onion, olive oil and vinegar)

SALADAS / SALADS

- 50 – **Salada Atum Nicoise / Nicoise tuna salad**(O)(P)(Su) – 12,5€
(Batata,tomate, alface, ovo,azeitonas e anchovas) / (with tomato, lettuce, eggs,olives, anchovy,potatos)
51 - **Salada Cesar com Frango / Chicken Cesar Salad** (L)(Mu)(Ce)(G)(Su)– 13,5€
(Alface,Frango,cROUTONS, lascas de parmesão e molho Caesar / Crispy Lettuce,Chicken,cROUTONS, parmesan shaving and Caesar Sauce)
52 – **Salada Caprese / Caprese Salad**(A)(L)(Su) – 10,5€
(Tomate Fresco, Queijo Mozzarella de Búfala, Manjeriçao e Molho Pesto / Fresh Tomato, Mozzarella Cheese, Basil and Pest sause)
53 – **Salada Grega / Greek Salad**(L)(Su) – 12,5€
(tomate, alface, pimento,feta, pepino, azeitonas, oregãos / tomato, lettuce, peppers, cucumber, olives,oreganos)
54 – **Salada Bacalhau / Codfish Salad**(O) (P)(Su) – 13,5€
(Alface, tomate, cebola, grão, salsa, ovo,batata , pimentos vermelho, amarelos e verdes / lettuce, tomato, onion, beans, parsley,egs,potatos,red, green and yellow pepers)
55 – **Salada Tropical com camarão / Tropical Salad with shrimps**(Cr)(Su)– 15,5€
(alface, tomate, camarão, manga, ananas, kiwi,morango / lettuce, tomato, shrimps, mango, pineapple,kiwi, strowberrys)
56 – **Salada Frutos do Mar / Sea Food Salad**(Cr)(Mo)(P)(Su) – 15,5€
(camarão, mexilhão alface, tomate, lulas, delicias do mar / pranws, mussels, lettuce, tomato, squids,other delights of the sea)

MARISCOS / SHELFISH

- 60 - **Amêijoas à Bulhão Pato / Clams "Bulhão Pato"** (Mo)(Su) - 18,5€
(Azeite, Alho, Vinho Branco e Coentros / Olive oil, Garlic, White Wine and Coriander)
- 61 - **Gambas da Costa cozidas ou grelhadas / Local Prawns boiled or grilled** (Cr)(Su) - 18€
(Gambas ao natural só com sal / cooked only with sea salt)
- 62 - **Conquilhas / local Cockles** (Mo) - 14€
(abertas com azeite e alho / open in olive oil and garlic)
- 63 - **Ostras ao Natural com limão (6)/ Oysters natural with lemon (6)** (Mo) - 12€
- 64 - **Calamares fritos / Deep fried Calamares** (O)(Ce) (Su)(So)(G) - 13,5€
(Calamares Fritos servidos com Molho Tartaro / Fried Battered Calamares served with Tartare Sauce)
- 65 - **Lingueirão / Razor Clams** (Mo) - 14,5€
(abertos com azeite, alho e coentros / cooked in olive oil, garlic and coriander)
- 66 - **Mexilhão á Algarvia / Mussels Algarvian Style** (Mo)(Su) - 12,5€
(abertos com tomate, cebola, pimentos, vinho branco / with tomato, onion, peppers, and white wine)
- 67 - **Camarão Tigre Gigante Grelhado (2) / Grilled Giant Tiger Prawns(2)** (Cr)(Su) - 40€
(Com Manteiga de Alho e Salsa servido com Arroz Basmati / With Garlic Butter and Parsley served with Basmati Rice)
- 68 - **Sapateira Recheada 800gr / 1000gr / Sea Spider Crab 800gr/1000gr** (O)(Ce)(Cr)(Su)(G) - 34€
(recheio natural ou picante / natural sauce or spice)
- 69 - **Camarão Frito com Alho / Fried Prawns with Garlic** (Cr)(So)(Su) - 17€

OUTROS PEIXES E MARISCOS OCASIONAIS OU POR ENCOMENDA PREÇO SOB CONSULTA

OTHERS FISH AND SEAFOOD CASUAL OR BY PRE ORDER PRICES ON REQUEST

Lagosta / Cryfish

Lavagante / Lobster

Canilhas / Sea Conch

Perna Caranguejo Real Grelhada / Grilled Royal King Crab Leg

PEIXES FRESCO DA LOTA/ FRESH FISH FROM THE MARKET

- 79 - **Bacalhau Gomes de Sá / Gomes Sà Style Codfish** (O)(Su) - 16,50€
(com batata e ovo cozido, cebola frita e azeitonas / with eggs and boiled potatoes, fried onions and olives)
- 80 - **Sardinha grelhadas / Fresh Grilled Sardines** (P) - 15€
(servidas em fatia de pão com salada e batata cozida / served in bread with salad and boiled potatoes)
- 81 - **Dourada Grelhada / Grilled Sea Bream** (P) - 19,5€
(servida com legumes assados e batata cozida / served with roasted vegetables and boiled potatoes)
- 82 - **Salmão Grelhado / Grilled Salmon** (P) - 19,5€
(servida com legumes assados e batata cozida / served with roasted vegetables and boiled potatoes)
- 83 - **Robalo Grelhado / Grilled Sea Bass** (P) - 22,5€
(servida com legumes assados e batata cozida / served with roasted vegetables and boiled potatoes)
- 84 - **Bife do Atum Fresco / Fresh Tuna Steak** -(L)(P) 19,50€
(Com Batata Cozida e Legumes Frescos ao Vapor e Molho de Coentros, Alho e Natas / With, Boiled Potatoes, Roasted Vegetables and Coriander, Garlic and Cream Sauce)
- 85 - **Lulas Grelhados / Grilled Squids** (Mo) - 19,5€
(servida com legumes assados e batata cozida / served with roasted vegetables and boiled potatoes)
- 86 - **Linguado Grelhado / Grilled Sole** (P) - 28,5€
(servida com legumes assados e batata cozida / served with roasted vegetables and boiled potatoes)
- 87 - **Medalhões Tamboril com Camarão / Monkfish Medalions with King Prawns** (L)(P)(Su)(Cr) - 23,5€
(com Molho de Marisco, Coentros e Natas, Acompanhado com Arroz/ with Seafood, Coriander and cream Sauce, and with Rice)

89 – **Polvo á Lagareiro / Octopus Portuguese Style**(Su)(Mo)
(Polvo com Azeite, alho, louro, coentros e cebola / Octopus, Olive oil, Garlic, Coriander, and bay leaf)

PRATOS PARA DUAS PESSOAS / DISHS FOR TWO PEOPLE

90 – **Cataplana de Marisco e Peixe / Seafood and Fish Cataplana**(Cr)(Mo)(P)(Su) – 48,50€
(Delicioso refogado de Peixe fresco, Amêijoas, Camarão em Molho de Tomate servido com Arroz / Delicious Stew of Fresh Fish, Clams and Prawns in Typical Dish, Tomato Sauce served with Rice)

91 – **Arroz de Marisco / Seafood Rice**(Cr)(Mo)(Su) – 48,50€
(Lagosta, Camarão, Calamares, Ameijoas, Vinho Branco, Molho de Tomate / Crayfish, Prawns, Calamares, Clams, White Wine, Tomato Sauce)

92 – **Arroz Lingueirão / Razor Clam Rice**(Mo) – 44€
(Refogado de arroz com Lingueirão, tomate, cebola roxa e salsa / A Stew of Razor Clams with Tomato, red onion, and Corander)

95 – **Espetada de Lulas e Camarão / Squids and Prawns Kebab**(Cr)(Mo)(Su) – 38€
(servida com legumes assados e batata cozida / served with roasted vegetables and boiled potatoes)

96 – **Espetada Tamboril com Camarão / Srimps and Monkfish Kebab**(Cr)(P)(Su) – 42€
(servida com legumes assados e batata cozida / served with roasted vegetables and boiled potatoes)

97 – **Espetada de Frango com Ananás / Chicken and Pineapple Kebab**(Su) – 31€
(servido com batata frita e salada / served with chips and salad)

CARNES / MEAT

40 - **Frango Piri piri / Chicken Piri piri** – 13,5€
(servido com batata frita e salada / served with chips and salad)

41 - **Peito Frango com molho pimenta ou cogumelos/ Chicken Breast with pepper or mushrooms sauce**(So)(Mu)(L)(Su)(G) – 14,5€

(servido com batata frita e salada / served with chips and salad)

42 - **Entrecosto Grelhado / Grilled pork Belly** – 14€

(servido com batata frita e salada / served with chips and salad)

43 – **Bife da Vazia Grelhado / Grilled Sirloin Steak** – 19€

(servido com batata frita e salada / served with chips and salad)

44 – **Bife à Portuguesa / Steak Portuguese Style** – 23,5€

(Servido com Molho Gravy, Batatas Fritas as Rodelas e Presunto Fatiado / Served with Gravy Sauce, Fried Potato and sliced of cured ham)

45 – **Bife do Lombo com Pimenta / Pepper Fillet Steak**(So)(Mu)(L)(Su)(G) – 23,5€
(servido com molho natas e pimenta, batata frita e Legumes / served with cream pepper sauce, chips and vegetables)

MASSAS / PASTAS

30 – **Linguini Frutos do Mar / Seafood Linguini**(L)(Mo)(Cr)(Su)(G) - 18,5€
(Camarão, Calamares, Ameijoas, Vinho Branco, Molho de Tomate e Queijo Parmesão / Prawns, Calamares, Clams, White wine, tomato Sauce and Parmesan Cheese)

31 – **Esparguete Bolognesa / Spaghetti Bolognese**(O)(Su)(G) – 10,5€

32 - **Penne Carbonara / Penne Carbonara**(O)(L)(Su)(G) – 12,5€

33 – **Penne Arrabiatta / Penne Arrabiatta** (O)(Su)(G) – 12,5€

34 – Linguini Vegetariano / Vegetarian Linguini (O)(Su)(G) - 12€

EMENTA DE CRIANÇA / CHILDREN MENU - 6€

- 35 – **Hamburguer** com batata frita / **Burguer** with chips(Su)
36 – **Douradinhos** com batata frita / **Fish Finger** with chips (P)(Ce)(Su)(G)
37 – **Panados Frango** com batata frita / **Chicken Nuggets** with chips (Ce)(Su)(G)
38 – **Peito Frango Grelhado** com batata frita / **Grilled Chicken Breast** with chips(Su)

ACOMPANHAMENTOS / SIDE ORDERS

- 40 - **Batata Frita / Chips** – 3€
41 - **Legumes Mistos Grelhados / Grilled Mixed Vegetables** – 4€
Arroz Basmati / Basmati Rice – 3€
Salada Mista / Mixed Salad – 4€

SOBREMESAS / DESSERTS

- 100 - **Bolo Bolacha com gelado / Biscuit cake with cecream** - 7€
101 - **Pudim flan / Cream Caramel** (O)(L)(Su) - 5€
102 - **Cheesecake frutos vermelhos com gelado / Wildberries
Cheesecake with icecream**(L)(Su) - 7€
103 - **Mousse de chocolate / Chocolate mousse** (O)(L)(Su) - 4.8€
104 - **Mousse Maracujá / Passion fruit mousse**(O)(L)(Su) - 5.5€
105 - **Bolo de chocolate com gelado e recheio de coco/ Chocolat cake
with coconut and icecream** (O)(L)(Su) - 7€
106 – **Prato Fruta Mista / Dish of Mixed Fruits** – 7.5€
107 – **Peça fruta da Epoca Piece of seasonal Fruit** – 4.5
108 – **Peça fruta Tropical Piece of Tropical Fruit** – 6.5€

Informação: Temos disponível para consulta a listagem de substâncias ou produtos que provocam alergias ou intolerâncias alimentares

Food allergens and intolerances: All informaon containing food allergens and intolerances in our products is held here in our Premises. If you have any quesons, please ask member of our staff before you place order

Legenda

(Cr) :Crustaceos / Crustaceans – (O) :Ovos / Eggs
(Ce) : Cereais / Cereals – (So) :Soja / Soya
(L) :Leite Lactose / Milk,Lactose – (P) :Peixe / Fish
(A) :Amendoins / Peanuts – (Mu):Mustarda / Mustard

(Se):Sementes Sesamo / Sesame Seeds – (F):Nozes / Nuts (Ai):Aipo / Celery –
(Mo):Moluscos / Mollusks
(Su):Sulfitos e dióxido de Enxofre / Sulphites and Sulfur Dioxide (G):Glúten / Gluten

MENU Snacks PRAIA

SANDES / SANDWICHES

- 20 – **Hamburguer Rocha Baixinha / House Burger**(Ce)(So)(Se)(Su) – 11,5€
(com batata frita) / (with chips)
- 21 – **Baguete de pasta frango / Chicken past Baguette** (O) (Ce)(Su)– 8,5€
(com batata frita) / (with chips)
- 22 – **Baguete pasta Atum / Tuna past Baguette**(Ce)(O) (P)(Su) – 8,5€
(com batata frita) / (with chips)
- 23 – **Baguete Queijo e Fiambre / Ham and Cheese Baguette** (Ce)(Su)– 6,5€
(com batata frita) / (with chips)
- 24 – **Prego Vaca no Pão / Grilled Steak Sandwich**(Ce) – 12,5€
(com batata frita) / (with chips)
- 25 – **Prego de Atum com cebola / Grilled fresh tuna sandwich with fried onion**(Ce)(Su) (P) – 12,5€
(com batata frita) / (with chips)

OMELETES / OMELETS

- 26 - **Omelete Simples / Plain Omelet** (O) - 9€
(com batata frita e salada)
- 27 - **Omelete Mista / Mixed Omelet** (O) - 10€
(com batata frita e salada)
- 28 - **Omelete Camarão / Srimps Omelet** (O)(Cr)(Su) – 12.5€
(com batata frita e salada)

SNACKS

- 70 - **Nachos com cheddar gratinado e malagueta / Nachos with Cheddar cheese and chillis**(Ce)(Su)– 12.5
- 71 - **Bife Fiambre frio com ovo estrelado e batata frita / Ham, Fried eggs and chips**(O)(Su) - 12€
- 72 - **Asinhas de Frango fritas com picante / Fried spice Chicken wings**(Ce)(Su) - 12€
- 73 - **Batata Assada com Manteiga / Jacket Potatos with Butter** - 7€
(servida com salada / seved with salad)
- 74 - **Batata Assada com pasta de Frango / Jacket Potatos with Chicken past**(O)(Su) – 8,5€
(servida com salada / seved with salad)
- 75 - **Batata Assada com pasta de Atum / Jacket Potatos with Tuna past**(O) (P)(Su) – 8,5€
(servida com salada / seved with salad)
- 76 - **Batata Assada com Miolo de Camarão / Jacket Potatos with Srimps**(Cr)(Su) - 10€
(servida com salada / seved with salad)
- 77 - **Batata Assada com Queijo / Jacket Potatos with Cheese** - 8€
(servida com salada / seved with salad)

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